

TARANGINI MAHILA ADHIKAR PRASHIKSHEN KENDRA

ANNUAL REPORT 2020



Our Backbone (Board of Directors)



Dr. Renu Adhikari
Chairperson



Gomawati Pun (Srijana)
Treasurer



Samita Pradhan
Secretary

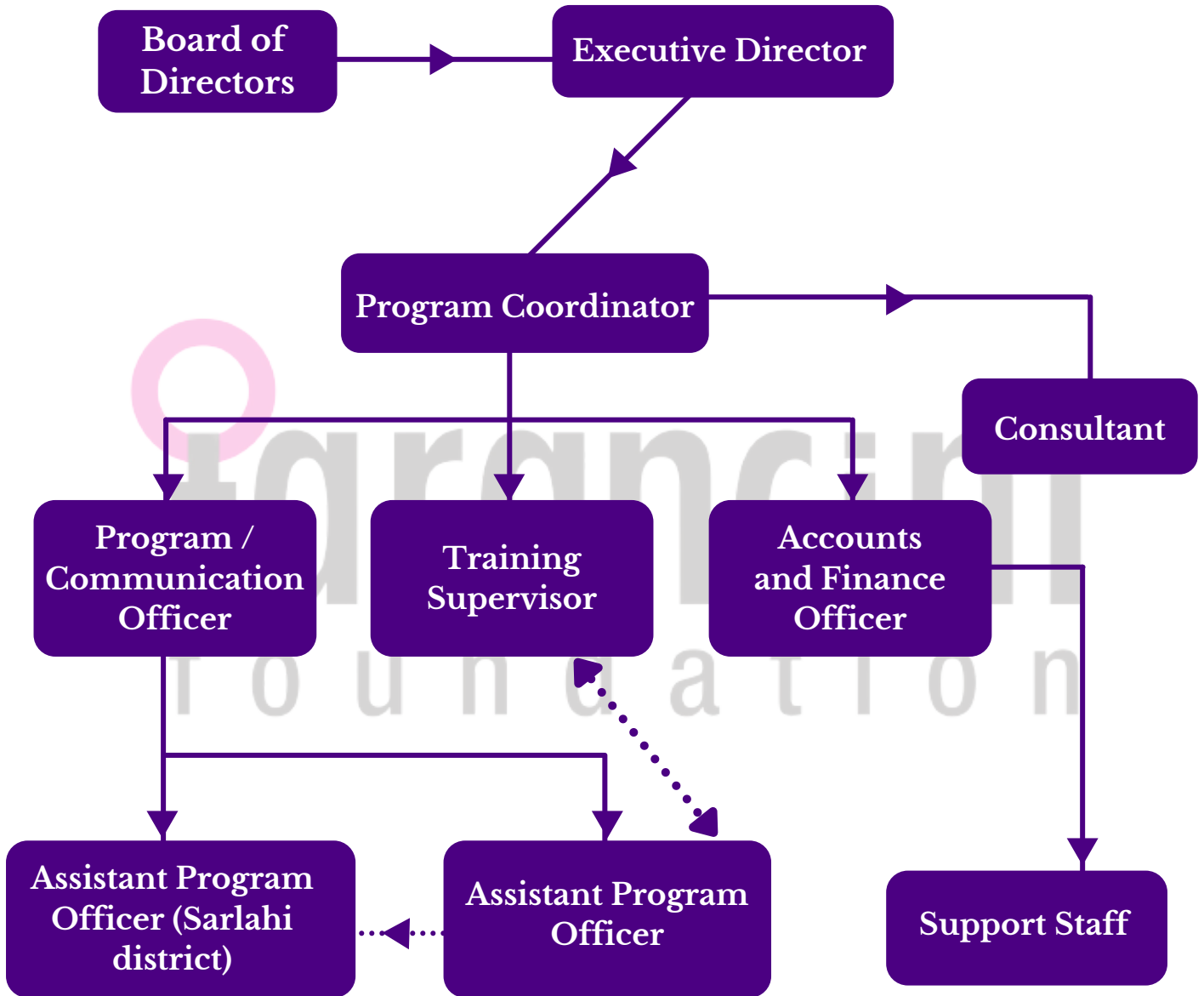


Sima Acharya
Member



Renu Pokhrel
Member

Tarangini Organogram & Governance Structure

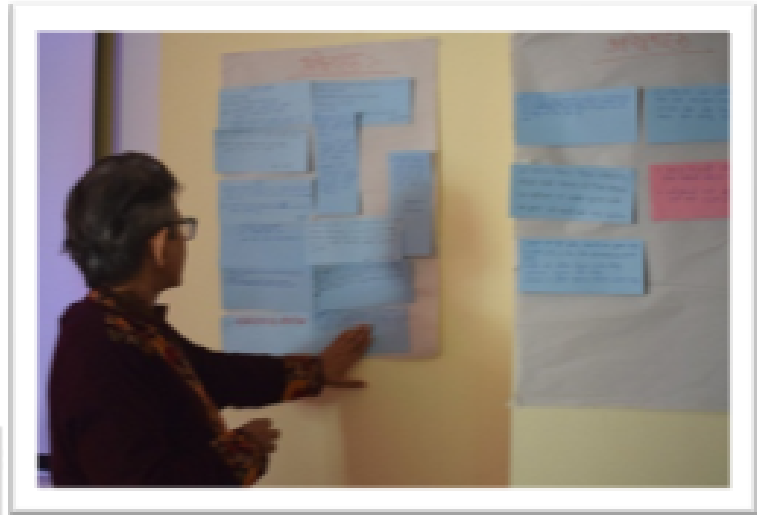


Projets and activities:

1. We developed the skills of our staff and partner organizations through multiple intersectional activities

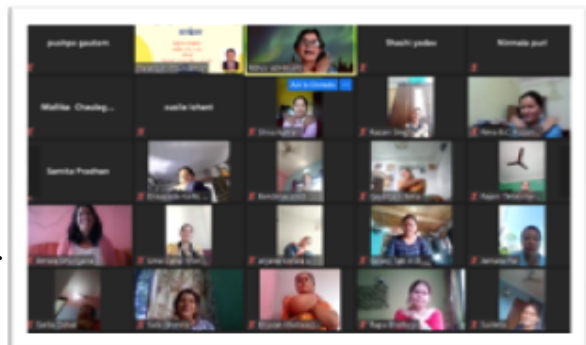
a. Psychosocial training

In coordination with WOREC Nepal, Women for Women Forum, and Mukti Nepal, along with support from Tokha Municipality and Tarkeshwor Municipality, Tarangini Foundation we provided psychosocial training to 13 women. This has added another stone to our mission to take issues of mental health into the community/grass-root level.



b. Self-care training

Throughout the year, we organized three self-care training (one was virtual and two were physical) for deputy mayors of municipalities, deputy chairpersons of rural municipalities, and women human rights defenders from all seven provinces. With an acceptance that we can only support our family members and others in need only if we take proper care of ourselves, the training, facilitated by renowned counselors, focused on building inner strengths, taking care of one's selves, managing mental, physical and emotional balance and much more.



e. Transformative Leadership for Transformation Training

Our Chairperson Dr.RenuAdhikari facilitated the three-day training session at Sauraha where 25 elected deputies from Province 2 were trained on how to benefit from the women's leadership for transformation in the local level, serving justice to women from a women's perspective, evaluating women's works and so forth.



2. We published the inspiring stories of women leaders and activists

In collaboration with the women's human rights defenders' network, Tarangini Foundation has been documenting and analyzing the opportunities, struggles, and success stories of women leaders and activists from a feminist perspective.

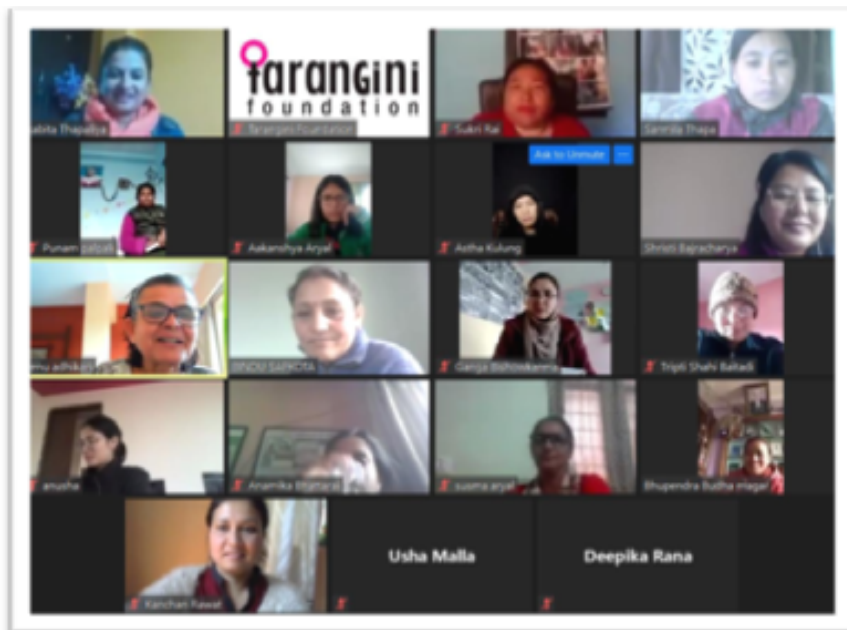
For the same, the fifth edition of 'Sankalpa' was released projecting the life stories of 45 elected deputies from all over the nation. From these motivating biographies, depicting their struggle within their home, their fight against the patriarchy, and their advocacy for justice, we are hoping to inspire the younger aspiring activists to fight against patriarchal structure, and the social and traditional constructs based on them.



3. We continued our advocacy for ensuring women's rights

a. International Women Workers' Day

With the motto of “If women stop, the world stops”, we joined hands for the Global Strike March on 8th March 2020, marking the International Women Worker's Day. The march, from Maitighar to Koteshwor, saw the participation of respected personnel working for women's rights.



b. 16 Days of Activism against Gender-Based Violence

We have been organizing different programs in yesteryears to fight against gender-based violence and we continued our mission this year as well. Even the Covid-19 pandemic could not dampen our spirit as we continued our advocacy through interactive programs on virtual platforms.



4. Feminist Participation Approach Research (FPAR)

We organized one participatory interaction with 14 women domestic workers who have migrated within the country and are now working in the cities. The second was organized for 17 elected deputies from municipalities and rural municipalities from Province 1 and 2. Moreover, since June 2020, we have started our study with returnee migrant women workers (from gulf countries) as well and planning to have FPAR sessions with them soon.



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We have achieved a lot within this year

- We have built a better organizational relationship with different I/NGOs and local level governments
- We were able to train deputy mayors and deputy chairpersons in coordination with local governments (rural municipalities and municipalities)
- We have made our team's base much stronger with new policies, reports, and documents
- We have 43 new counselors, trained through our psychosocial counseling training
- We have lobbied with the community for creating an environment where people can opt for psychosocial counseling
- We have stirred a ripple through a webinar organized to initiate a debate stating the necessity of policies on Mental Health, especially after the Covid-19 pandemic

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foundation







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