

Mapping of Mental Health and Psychosocial Support (MHPSS) for Gender Based Violence (GBV) survivors in Nepal



Submitted to:

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Table of Contents

1.	Introduction	4
	Objectives	
	Methodology	
4.	Limitations of the Study	5
5.	GBV and its impact on Mental Health and Psychosocial wellbeing	6
6.	Status of Mental Health and Psychosocial Support in Nepal	7
7.	Organizations working for Mental Health and Psychosocial Support in Nepal	8
Refe	rences	. 23

List of Tables

Table 1. INGOs working for MHPSS to GBV survivors	8
Table 2. Details of Services, Target Groups and Geographical Coverage of above listed INGOs	9
Table 3. List of Government organizations and NGOs working for MHPSS	. 13

1. Introduction

Worldwide, over a quarter of women aged 15-49 years who have been in a relationship have been subjected to physical and/or sexual violence by their intimate partner at least once in their lifetime and 38% of all murders of women are committed by intimate partners [1]. In Nepal, 22% of women aged 15-49 years report experiencing some form of physical, sexual, or emotional abuse, and half of all women face violence in the home [2]. GBV is a global challenge that violates basic human rights and human security. Apart from the individual suffering, it carries high cost for society and is a major obstacle to development. Domestic violence has been a persistent problem throughout recorded history and is one of the primary public policy concerns worldwide. There high level of domestic violence prevalent in Nepali society as well. Nepali women and girls are vulnerable to both domestic violence and public violence. Domestic violence includes physical abuse (for example, beating, slapping, hair pulling, kicking, burning, beating with a stick, or using a knife and others) and mental torture (threats, verbal abuse, and neglect and others) by husbands or other family members. Early marriage, dowry-related violence, sexual abuse in the household, polygamy, marital rape including others are also part of violence happening within homes. Forced and early marriage is still a pervasive phenomenon despite the legal age for marriage being 18. Violence in the public arena includes rape and sexual abuse in the workplace, trafficking of women and girls, practicing various forms of harmful traditional practices resulting into several forms of physical, mental and social harms. Isolating women and girls during menstrual period practice of dowry, accusations of witchcraft can be taken as few examples of harmful traditional practices among various others. Girls are one and-a-half times more likely to die before the age of five than their brothers and are twice as likely to be malnourished [2]. Majority of women experience sexual harassment in the workplace [3]. The challenges experienced by women in Nepal are especially severe. Women, particularly widows and women from marginalized communities, are subjected to discrimination and physical, sexual and psychological abuse. Recent study "Impact of COVID-19 on violence against women and girls and service provision: UN Women rapid assessment and findings" showed GBV has intensified even more after COVID-19.

GBV's major consequences which are seldom discussed and still remain in shadow are its serious impact on health in general and mental and psychosocial wellbeing in particular of the survivors that may remain throughout their life. The government had significantly addressed GBV through passage of the Domestic Violence Act by the Legislature Parliament in April

2009 and the 2010 Action Plan against GBV including the hotline service and formation of National Woman Commission as constitutional body and passage of National woman commission act in 2017. But even after the 10 years, the services for survivors against GBV especially in area of psychosocial health has not been improved yet. Mental health policy exists in Nepal passed in 1997, but implementation of the policy framework has yet to begin. Recently, National Mental Health Strategy and Action Plan, 2077 has been approved showing some positive sign toward the implementation process.

There are many NGOs and INGOs working in different parts of the country to provide MHPSS to the survivors of GBV. Their programs include counselling, advocacy, awareness, capacity building, and providing support and shelter services to survivors. This mapping is expected to set the groundwork for more extensive research to ensure that overlapping and duplication is considerably avoided and to contribute towards the designing of a holistic plan and support for effectively addressing MHPSS to GBV survivors in Nepal.

2. Objectives

This preliminary mapping was carried out with following objectives:

- i) Identify the key actors providing support particularly in Mental Health and Psychosocial Support to GBV survivors in Nepal.
- ii) Identifying strategic interventions and advocate for replication.

3. Methodology

The mapping was carried out through conducting a desk review together with zoom meetings, email exchange and consultation with UN women staffs, WHRD (Women Health Right Defenders) of all over the country and other key informants such as deputy Mayors and stakeholders. The collected information was assembled and then clarified and verified through a workshop with members of National Alliance of Women Human Rights Defenders (NAWHRD) [4].

4. Limitations of the Study

The team made every effort to get the most accurate information possible for the mapping. However there are some limitations:

i) The duration for the mapping was very short, hence only those I/NGOs working out of or based in Kathmandu could be contacted.

- ii) COVID-19 pandemic was the major obstacle in the whole process of mapping.
- iii) This mapping is a preliminary effort to identify the key actors and interventions on MHPSS to GBV survivors so may not necessarily reflect the all activities of the related organizations throughout the country.

5. GBV and its impact on Mental Health and Psychosocial wellbeing

Gender Based Violence (GBV) is the most extreme expression of unequal gender relations in society, and a violation of human rights. While men and boys may also be survivors of it, women and girls are more affected by and vulnerable to GBV. Globally at least one third of all women have been exposed to violence in an intimate relationship [1]. The Inter-Agency Standing Committee (IASC), an inter-agency forum of UN and non-UN humanitarian partners, defines GBV as "an umbrella term for any harmful act that is perpetrated against a person's will, and that is based on socially ascribed (gender) differences between males and females" (2005).

GBV statistics indicate 22 % of women aged 15-49 years in Nepal report experiencing physical violence [2]. Domestic violence, marital rape, dowry-related violence, child marriage, polygamy, female infanticide, witchcraft accusations, *chhaupadi* and trafficking of women and girls for sexual exploitation not excluding others [5] are GBV issues women face in Nepal. Several of these such as domestic violence, polygamy, marital rape, trafficking cut across caste/ ethnicity and regions. As a mechanism to combat GBV and promote gender equality and women's empowerment, Nepal has enacted various National and International laws, with many discriminatory laws recently being amended and gender equality laws being adopted. Still, the need to address inequality is of paramount importance given Nepal ranking 115 out of 188 countries on the Gender Inequality Index (GII) with GII value of 0.476 [6].

Article 38(3) of the Constitution of Nepal 2015 states acts of physical, mental, sexual or psychological violence or any kind of oppression against women stemming from religious, social, cultural, tradition and other practices as being punishable by law.

There is a strong and consistent association between violence from men and common mental disorders among women. There is a high incidence of first-onset mental disturbance among women within one to five years after exposure to GBV, compared with the onset of mental health disorders for a matched sample of women who were not exposed to violence from men [7]. Both physical and psychological forms of GBV have significant adverse consequences for mental health [8]. GBV is also strongly associated with disability, poor quality of life,

unemployment and overall socioeconomic disadvantage among women survivors. The relation between GBV and mental health is reciprocal: mental health problems can follow experiences of GBV, but can also increase a woman's vulnerability to GBV. For example, GBV is correlated with disability and may limit a woman's capacity to maintain good health, sustain employment or gain formal education. As a consequence, the woman can become isolated, more dependent on the perpetrator and less confident in her personal capabilities, outcomes that in turn may increase her vulnerability to maltreatment. Although major advances have been made in developing practice guidelines and policies aimed at preventing and responding to GBV in Nepal, the association of GBV with adverse mental health outcomes has received inadequate attention, particularly in relation to presentations to primary care.

6. Status of Mental Health and Psychosocial Support in Nepal

In Nepal, the national mental health policy, Nepal Health Sector Plan and multi-stakeholder action plan for non-communicable diseases, all promote the integration of mental health in primary health care. But having policies on paper is insufficient; the proper implementation of such policy provisions is needed to ensure access and utilization of mental health services and to reduce the treatment gap. Proper implementation is only possible when governance structures and mechanisms are in place, and there are dedicated people to implement these governance structures. Recently National Mental Health Strategy and Action Plan, 2077 has been approved showing some positive sign. But the doubt will always remain if these strategies and the action plans will be implemented as expected or not. The little progress that has been made in clinical governance of mental health is associated with the limited capacity to the monitoring and standardization of drug prescription practices, leaving out many other aspects of mental health system governance which play vital roles for strengthening mental health systems. Effective and efficient mental health system's governance is one of the strategies to deal with the high burden of mental illness. Therefore, good governance is necessary for ensuring effective health care delivery and policy implementation [9]. Nepal that have touched upon some themes of mental health systems such as policy and legislative frameworks [10, 11], but their focus was mainly on mental health service delivery rather than on mental health governance. Good governance is feasible when there is a strong leadership. To absence of such leadership and lack of clear mental health governance structures in the MoHP has prevented the implementation of available provisions in national mental health policy. Greater clarity on mental health governance structures would not only help improve intra-and inter-ministerial coordination but also provide platforms for debate and improvement in mental health provisioning. To achieve this, NGOs and the private sector could play important catalyst and advocacy roles for establishing a central coordination unit for mental health [12].

7. Organizations working for Mental Health and Psychosocial Support in Nepal

Table 1. INGOs working for MHPSS to GBV survivors

Organizations	Overall Geographic Presence by Province and District						
	Province	Province 2	Bagmati Province	Gandaki	Lumbini	Karnali	Sudur Paschim
	1			Province	Province	Province	Province
1. International	Ilam	Dhanusha	Chitawan	Kaski	Banke	Dailekh	Baitadi
Organization for	Jhapa	Mahottari	Kathmandu		Bardiya	Jajarkot	Kailali
Migration Nepal	Morang	Parsa	Makawanpur		Dang	Jumla	Kanchanpur
(IOM Nepal)	Sunsari	Saptari	Nuwakot		Rupandehi	Kalikot	
2. Mercy Corps		Sarlahi	Sindhuli			Surkhet	
3. Plan International		Siraha	Sindhupalchok				
Nepal							
4. Save the Children							
5. The Lutheran							
World Federation							
Nepal							
6. Transcultural							
Psychosocial							
Organization							
7. UNFPA							
8. UNHCR							
9. UNICEF							
10. CVICT							
11. World Vision							
International Nepal							

(Source: Protection Cluster Capacity Mapping for Covid-19 response, March, 2020)

 $\label{thm:conditional} \begin{tabular}{l} Table 2. Details of Services, Target Groups and Geographical Coverage of above listed INGOs \\ \end{tabular}$

Organization	Activities	Target Groups	Geographical Coverage
Transcultural	Psychosocial Counselling,	Children, Women,	Province 2: Dhanusha: Dhanusadham
Psychosocial	Psychological First Aid	Pregnant and	NP, Province 2: Mahottari: Jaleswor
Organization		Lactating Mothers,	NP, Province 2: Parsa: Birgunj Metro,
		Persons with	Province 3 (Bagmati): Kathmandu:
		Disabilities, Elderly	Kathmandu Metro, Province 3
		Population	(Bagmati): Nuwakot: Bidur NP,
			Province 3 (Bagmati): Sindhupalchok:
			Barhabise NP, Province 5: Banke:
			Nepalgunj Sub-Metro, Province 5:
			Bardiya: Gulariya NP, Province 5:
			Dang: Ghorahi Sub-Metro, Province 6
			(Karnali): Jumla: Chandannath NP
UNHCR	Preparedness activities has	Children, Women,	Province 1: Jhapa: Damak NP,
	been carried out through	Pregnant and	Province 3 (Bagmati): Kathmandu:
	partners. In province no-1	Lactating Mothers,	Budhanilakantha NP, Province 4
	awareness raised through	Persons with	(Gandaki): Kaski: Pokhara Lekhnath
	Amda. In Damak taskforce	Disabilities, Elderly	Metro
	has been formed and in	Population,	
	coordination with Red cross	Prisoners	
	and Amda along with		
	stakeholder's awareness		
	session had been conducted		
	after the official pamphlets		
	were received through the		
	government. Similarly,		
	preparedness activities have		
	been carried out through		
	Ward office in Province 3		
	where PoCs are residing.		
	Also, similar preparedness		

Organization	Activities	Target Groups	Geographical Coverage
Save the Children	activities have been carried out through Tibetan community in province-1 and province-4 including in schools. Teachers Training and Mobilisation on psychosocial counselling	Children, Women, Pregnant and Lactating Mothers, Persons with Disabilities	Province 2: Mahottari: Bardibas NP, Province 2: Mahottari: Gaushala NP, Province 2: Mahottari: Jaleswor NP, Province 2: Mahottari: Pipra GP, Province 2: Saptari: Bishnupur GP, Province 2: Saptari: Chhinnamasta GP, Province 2: Saptari: Khadak NP, Province 2: Saptari: Rajbiraj NP, Province 2: Saptari: Surunga NP, Province 2: Saptari: Tilathi Koiladi GP, Province 2: Sarlahi: Godaita NP, Province 2: Sarlahi: Ishworpur NP, Province 6 (Karnali): Dailekh: Gurans GP, Province 6 (Karnali): Jajarkot: Chhedagad NP, Province 6 (Karnali): Jajarkot: Kuse GP, Province 6 (Karnali): Kalikot: Kalika GP, Province 6 (Karnali): Kalikot:
UNFPA	Psycho-Social Support	Women, Pregnant	Tilagufa NP
	through trained counsellors (Partners like WOREC, CVICT etc. can be mobilized when required)	and Lactating Mothers, Persons with Disabilities, Elderly Population	
Mercy Corps	Awareness in community and schools	Children	Province 2: Siraha: Bishnupur GP, Province 7 (Sudur Paschim): Kailali:

Organization	Activities	Target Groups	Geographical Coverage
			Dhangadhi Sub-Metro, Province 7
			(Sudur Paschim): Kailali: Ghodaghodi
			NP, Province 7 (Sudur Paschim):
			Kailali: Godawari NP, Province 7
			(Sudur Paschim): Kailali: Kailari GP,
			Province 7 (Sudur Paschim): Kailali:
			Tikapur NP
Plan	Provide mental health and	Children, Women,	Province 1: Sunsari: Barah NP,
International	psychosocial support	Persons with	Province 1: Sunsari: Barju GP,
Nepal	(MHPSS) as per need by	Disabilities,	Province 1: Sunsari: Dharan Sub-
	hiring consultant; provide	Especially girls and	Metro, Province 1: Sunsari: Duhabi
	psychosocial support to field	young women	NP, Province 1: Sunsari: Gadhi GP,
	based stakeholders (teachers	(below 24 years of	Province 1: Sunsari: Koshi GP,
	and field officers)	age group)	Province 1: Sunsari: Ramdhuni NP,
			Province 3 (Bagmati): Makawanpur:
			Bhimphedi GP, Province 3 (Bagmati):
			Makawanpur: Hetauda Sub-Metro,
			Province 3 (Bagmati): Makawanpur:
			Indrasarowar GP, Province 3
			(Bagmati): Makawanpur:
			Makawanpurgadhi GP, Province 3
			(Bagmati): Makawanpur: Manahari
			GP, Province 3 (Bagmati):
			Makawanpur: Thaha NP, Province 3
			(Bagmati): Sindhuli: Dudhouli NP,
			Province 3 (Bagmati): Sindhuli:
			Golanjor GP, Province 3 (Bagmati):
			Sindhuli: Hariharpurgadhi GP,
			Province 3 (Bagmati): Sindhuli:
			Kamalamai NP, Province 3 (Bagmati):
			Sindhuli: Marin GP, Province 3

Organization	Activities	Target Groups	Geographical Coverage
			(Bagmati): Sindhuli: Sunkoshi GP,
			Province 3 (Bagmati): Sindhuli:
			Tinpatan GP, Province 5: Banke:
			Baijanath GP, Province 5: Banke:
			Duduwa GP, Province 5: Banke: Janki
			GP, Province 5: Banke: Khajura GP,
			Province 5: Banke: Kohalpur NP,
			Province 5: Banke: Narainapur GP,
			Province 5: Banke: Nepalgunj Sub-
			Metro, Province 5: Banke: Rapti
			Sonari GP, Province 5: Bardiya:
			Badhaiyatal GP, Province 5: Bardiya:
			Bansagadhi NP, Province 5: Bardiya:
			Barbardiya NP, Province 5: Bardiya:
			Geruwa GP, Province 5: Bardiya:
			Gulariya NP, Province 5: Bardiya:
			Madhuwan NP, Province 5: Bardiya:
			Rajapur NP, Province 6 (Karnali):
			Jumla: Hima GP, Province 6
			(Karnali): Jumla: Kanakasundari GP,
			Province 6 (Karnali): Jumla: Sinja GP,
			Province 6 (Karnali): Kalikot:
			Naraharinath GP, Province 6
			(Karnali): Kalikot: Raskot NP,
			Province 6 (Karnali): Kalikot: Sanni
			Tribeni GP
International	1. Family reunification:	Children, Women,	Province 1: Ilam: Suryodaya NP,
Organization	treated and cured migrants are	Pregnant and	Province 1: Jhapa: Mechinagar NP,
for Migration	reunited with their families,	Lactating Mothers,	Province 1: Morang: Biratnagar Metro
Nepal (IOM	two scenarios: a. Treated and	Persons with	Metro, Province 2: Dhanusha:
Nepal)	cured migrants' family is still	Disabilities, Elderly	Janakpur Sub-Metro, Province 2:
	in camp, joint counselling is	Population,	Parsa: Birgunj Metro, Province 5:

Organization	Activities	Target Groups	Geographical Coverage
	provided for reunification b.	Returnee and	Banke: Nepalgunj Sub-Metro,
	Treated and cured migrant's	aspiring migrants,	Province 7 (Sudur Paschim): Baitadi:
	family has left the camp,	and migrant's	Dasharathchanda NP, Province 7
	separate counselling is	family/community	(Sudur Paschim): Kanchanpur:
	provided prior to		Bhimdatta NP
	reunification.		
UNICEF	Virtual and face to face	Children, Women,	Province 2: Mahottari: Jaleswor NP,
	psycho social support;	Pregnant and	Province 2: Parsa: Birgunj Metro,
	development/adaptation and	Lactating Mothers,	Province 5: Banke: Nepalgunj Sub-
	dissemination of IEC	Persons with	Metro, Province 5: Rupandehi:
	materials	Disabilities,	Siddharthanagar NP, Province 6
		migrant workers	(Karnali): Surkhet: Birendranagar NP,
		and children in	Province 7 (Sudur Paschim): Baitadi:
		correction home	Dasharathchanda NP, Province 7
			(Sudur Paschim): Kanchanpur:
			Bhimdatta NP

(Source: Protection Cluster Capacity Mapping for Covid-19 response, March, 2020)

Table 3. List of Government organizations and NGOs working for MHPSS

S.N.	Organization's Name	Туре	Focal Person Name	Contact Number	Helpline No	Provinces	District
1	National Women Commission (NWC)	Govt	Parbati Subedi	01- 4256701, 4219875, 4219839	1145	Bagmati Province	Kathmandu
2	National Human Rights Commission (NHRC)	Govt	Yasoda Banjade	9841709586 , 015010015/ 16/17		All Provinces	

S.N.	Organization's Name	Type	Focal Person Name	Contact Number	Helpline No	Provinces	District
3	Saathi	NGO	Suvekchya Rana	9801038482		Bagmati Province	Kathmandu
4	Saathi	NGO	Bimala Ghimire	9847061074		Lumbini Province	Kapilvastu
5	Saathi	NGO	Deepika Puri	9808211095		Lumbini Province	Nepalgunj
6	Saathi	NGO	Urmila Shahi	9801388883		Sudur pachhim	Kanchanpur
7	ASHA Crisis Centre	NGO				Bagmati Province	Kathmandu
8	TPO Nepal (Transcultural Psychosocial Organization)		Sandhya Khatiwada	9842626986	(Psychosocia 1 service 1660010200 5)/(Suicide prevention helpline 1166)	Bagmati Province	
9	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Dr. Kapil Dev Upadhaya	9851094831		Bagmati Province	Kathmandu
10	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Dr. Pashupati Mahat	9851210390		Bagmati Province	Kathmandu

S.N.	Organization's Name	Туре	Focal Person Name	Contact Number	Helpline No	Provinces	District
11	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Dr. Shaligram Bhattarai	9851087366		Bagmati Province	Kathmandu
12	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Karuna Kunwar	9840074188		Bagmati Province	Kathmandu
13	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Madhu Bilash Khanal	9851218135		Bagmati Province	Kathmandu
14	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Bishnu Prasad Prajapati	9841234490		Bagmati Province	Kathmandu
15	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Smriti Ghimire	9841248040		Bagmati Province	Kathmandu
16	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Rajesh K Jha	9841352652		Bagmati Province	Kathmandu
17	CMC-Nepal (Centre for Mental Health	NGO	Sujita Baniya	9841300397		Bagmati Province	Kathmandu

S.N.	Organization's Name	Type	Focal Person Name	Contact Number	Helpline No	Provinces	District
	and Counselling)						
18	CMC-Nepal (Centre for Mental Health and Counselling)	NGO	Bishnu Bhakta Kawan	9851049576		Bagmati Province	Kathmandu
19	APEIRON (Mahila Sasaktikaranadr wara Gramin Nepalko Garibi Nirwaran)	NGO	Geeta Shrestha	01- 4160124/98 47377655/0 1-520544		Bagmati Province	Kathmandu
20	APEIRON (Mahila Sasaktikaranadr wara Gramin Nepalko Garibi Nirwaran)	NGO	Gita Devkota	9840710837		Bagmati Province	Sindhuli
21	Sahayatri	NGO	Sumitra Bhandari	9841318201	166052000	Bagmati Province	Dhading
22	Kumudini Nepal	NGO	Sabina Darshandhari	9849124402 , 01- 4016291		Bagmati Province	Kathmandu
23	Prabashi Nepali Coordination Committee (NGO	Avimansingh Lama	9863634311 /982382062 9, 01-		Bagmati Province	Kathmandu

S.N.	Organization's Name	Туре	Focal Person Name	Contact Number	Helpline No	Provinces	District
	PNCC)			4376398			
				01-			
				5533378,			
24				9823611042			
			Indra Raj	/985106058		Bagmati	
	KIN Nepal	NGO	Bhattrai	8		Province	Lalitpur
				056-			
25				526071,		Bagmati	
	KIN Nepal	NGO	Aruna Trikhatri	9823611043		Province	Chitwan
26						Bagmati	
20	KIN Nepal	NGO	Sapana Shrestha	9869847806		Province	Chitwan
				023-			
27				563244,			
	KIN Nepal	NGO	Matrika Gurung	9812359949		Province 1	Jhapa
				021-			
28				435161,			
	KIN Nepal	NGO	Sunita Sapkota	9807353140		Province 1	Morang
				051-			
29				526897,			
	KIN Nepal	NGO	Muna Rana	9806840896		Province 2	Parsa
20						Lumbini	
30	KIN Nepal	NGO	Padma Gaire	9815443764		Province	Nawalparasi
				071-			
31				575474,		Lumbini	
	KIN Nepal	NGO	Usha Gurung	9857074081		Province	Rupandehi

S.N.	Organization's Name	Type	Focal Person Name	Contact Number	Helpline No	Provinces	District
				076-			
32			Keshar	520571,		Sudurpach	
	KIN Nepal	NGO	Biswakarma	9811927200		him	Kapilvasti
				081-			
33				521507,		Lumbini	
	KIN Nepal	NGO	Sunita Saru	9815574580		Province	Banke
				099-			
34				402178,		Sudurpach	
	KIN Nepal	NGO	Rekha Rana	9810621971		him	Kanchanpur
35			Sumitra			Bagmati	
	Maiti Nepal	NGO	Shrestha	9801372550		Province	Kathmandu
_			Maheshwori			Sudurpach	
36	Maiti Nepal	NGO	Bhatt	9801711550		him	Kanchanpur
			Advocate Shiv				
37			Charan			Sudurpach	
	Maiti Nepal	NGO	Chaudhary	9848244491		him	Kailali
20						Lumbini	
38	Maiti Nepal	NGO	Gayatri Rimal	9802521550		Province	Bardiya
39							
	Maiti Nepal	NGO	Sunita Karki	9801441550		Province 1	Sunsari
40			Hemanta				
70	Maiti Nepal	NGO	Budathoki	9841166739		Province 1	Jhapa
4.1	RUWDUC(Rura		Ms. Mamta			Sudurpach	
41	l Women's	NGO	Shah	9860718147		him	Kailali
	Development			2000.10117			

	and Unity Centre) RUWDUC(Rura 1 Women's					
]	RUWDUC(Rura					
	·					
1 .	1 Women's					
]	1 ,, 01110115					
42	Development					
8	and Unity		Ms. Pashupati		Sudurpach	
	Centre)	NGO	Thapa	9848724249	him	Kanchanpur
]	RUWDUC(Rura					
	1 Women's					
43	Development					
8	and Unity		Ms. Sarswati		Sudurpach	
	Centre)	NGO	Khadka	9848826055	him	Dadeldhura
]	RUWDUC(Rura					
	l Women's					
44]	Development					
	and Unity				Sudurpach	
	Centre)	NGO	Mr. Amar Saud	9868726944	him	Dadeldhura
]	RUWDUC(Rura					
	1 Women's					
45	Development					
	and Unity		Mr. Bharat		Sudurpach	
	Centre)	NGO	Gairal	9848724249	him	Dadeldhura
	RUWDUC(Rura					
	l Women's					
46	Development					
	and Unity		Ms. Pashupati		Sudurpach	
	Centre)	NGO	Thapa		him	Kanchanpur

S.N.	Organization's Name	Type	Focal Person Name	Contact Number	Helpline No	Provinces	District
47			Hira Dahal	9841378495		Bagmati	
47	Chhori	NGO				Province	Lalitpur
48						Karnali	
40	Aawaaj Nepal	NGO	Gita KC	9848224019		Province	Dailekh
				9848190294			
49				/		Karnali	
	Aawaaj Nepal	NGO	Tara Acharya	9748083599		Province	Kalikot
50						Karnali	
50	Aawaaj Nepal	NGO	Nisha Paudel	9848068225		Province	Surkhet
				9848159182			
51				/		Gandaki	
	Aawaaj Nepal	NGO	Ganga Shrestha	9816588500		Province	Bardiya
	AMKAS						
	NEPAL						
52	(Aaprabasi						
	Kaamdar Mahila		Bijaya Rai			Bagmati	
	Samuha)	NGO	Shrestha	9841404337		Province	Kathmandu
	ABC Nepal						
53	(Agroforestry,						
33	Basic health and		Bishnu Sharma				
	Cooperative)	NGO	Acharya	9852021779		Province 1	Morang
	ABC Nepal						
54	(Agroforestry,						
34	Basic health and					Bagmati	
	Cooperative)	NGO	Nirmala Baral	9841360755		Province	Kathmandu

S.N.	Organization's Name	Туре	Focal Person Name	Contact Number	Helpline No	Provinces	District
55	ABC Nepal (Agroforestry, Basic health and Cooperative)	NGO	Manoj Lamichhane	9857821891		Lumbini Province	Rupandehi
56	WOREC (Women's Rehabilitation Center)	NGO	Lal Bd. BK/ Urmail Niraula	021-470238	1660215200 0/166001789 10	Province 1	Morang
57	WOREC and Paribartanshil sanstha, Okhadhunga	NGO	Pel Dolma Sherpa/ Dhana Kumari Thapa	9862605135		Province 1	Okhaldhung a
58	Katari safe house	Govt	Top kumari phuyal/Pampha puri	9862910045		Province 1	Udayapur
59	WOREC (Women's Rehabilitation Center), Branch office,Udayapur	NGO	Pampha Puri/Shiva Kumari B.K	9852832504		Province 1	Udayapur
60	WOREC (Women's Rehabilitation Center), project office, Dhanusha	NGO	Roseline singh / Ragini Mishra	041-522609		Province 2	Dhanusha
61	WOREC (Women's Rehabilitation	NGO	sabina Rimal/Gauri	15186374	1660017891 0	Bagmati Province	Kathmandu

S.N.	Organization's Name	Туре	Focal Person Name	Contact Number	Helpline No	Provinces	District
	Center),		Pathak				
	Kathmandu						
	WOREC						
	(Women's						
62	Rehabilitation						
	Center), project		Binod Kumari			Sudur	
	office kailali	NGO	Rana	091-525261		pachhim	Kailali
	WOREC						
	(Women's						
63	Rehabilitation						
	Center),		Jaya Kala			Sudur	
	Gauriganga	NGO	Chaudhary	091-526956		pachhim	Kailali
	Safe house						
C1	Dailekh in			0050026222			
64	partnership with			9858036222		Karnali	
	SOSEC	NGO	Rama shrestha			Province	Dailekh
	District Safe						
65	House, Bidur					Bagmati	
	Municapality	Govt	Bindu Tamang	9860584395		Province	Nuwakot
	Tarangini						
	Foundation (
66	Mahila						
	Prashikshyan		Dr. Renu	Dr. Renu			
	Kendra)	NGO	Adhikari	Adhikari		All	Kathmandu
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(Source: GBV service providers, National Women Commission, May 2021)

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- [4] National Alliance of Women Human Rights Defenders (NAWHRD), established in 2007, is a vibrant, strong and active women's network working from a feminist perspective. It is one of the largest existing loose networks in Nepal, and guided by human rights principles and democratic values and practices. The recognition of the work, body, and identity of women; protection of women's rights to live with dignity; and creating and advocating for safety mechanisms for Women Human Rights Defenders (WHRDs) are the key principles of NAWHRD. The network has members in all 75 districts of Nepal. The overall goal of this network is to advocate for the recognition and security of WHRDs, and the key working themes are identity, body and work.
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